



Week	Lesson Title	IMPACTER Competency	CASEL Alignment	Lesson Objectives	Activity Titles	DOK Complexity & CCSS Literacy Standard	Real-World Application
1	The IMPACTER Cycle	 All	All	Students will understand the purpose and structure of the course. They will be able to explain each element of the IMPACTER cycle and how they build upon one another to develop key leadership competencies.	- Greater Than The Sum Of Its Parts - Repeat & Progress - How To Start & When To Begin - RECORD: Where Are You In Your Process?	Level 3 - Explain, Generalize, Predict SL.9-10.1	Write a reflective blog post about how the IMPACTER cycle could be applied to personal goals.
2	Leadership Potential Diagnostic	 Purpose	Self-Awareness	Students will reflect on their current strengths and growth areas related to the 8 IMPACTER anchor competencies. They will complete a self-assessment to establish a baseline and set personal development goals.	- RECORD: Where Are You On Your Leadership Journey? - Self-Assessment #1	Level 4 - Analyze, Critique, Investigate SL.9-10.4	Send an email to a mentor or family member asking for feedback on perceived personal leadership strengths.
3	Curiosity	 Curiosity	Self-Awareness	Students will define curiosity and its key components. They will analyze the benefits of curiosity and practice strategies to enhance their own curiosity in leadership contexts.	- Are You Born Curious? - The Green People Are Everywhere - Curiosity Is No Joke - RECORD: Let's Maximize Your Curiosity	Level 2 - Summarize, Interpret, Infer RI.9-10.1 RI.9-10.2	Explore a local museum or exhibit and write a reflection on new learnings and how they sparked CURIOSITY.
4	Perspective-Taking	 Perspective-Taking	Social Awareness	Students will understand the concept and value of perspective-taking. They will practice considering situations from different viewpoints and apply strategies to expand their perspective-taking capacity.	- Where To See It - How To Take It - Ways To Change It - RECORD: Who Can You Get Some Perspective From?	Level 3 - Use Concepts to Solve Problems RI.9-10.6 SL.9-10.3	Write an essay from the PERSPECTIVE of someone from a different cultural or historical context about a global issue.
5	Purpose	 Purpose	Self-Management	Students will understand the Japanese Ikigai framework. They will explore the intersection of their passions, skills, needs and values to develop a clearer sense of purpose.	- Ikigai For Impact - Passion Isn't Everything - Find It, Or Have It Find You - RECORD: Why Is Purpose So...	Level 2 - Identify, List, Define RI.9-10.3	Create a vision board that aligns personal goals with the PURPOSE framework, to be updated regularly.

Foundations For Leadership



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6	Self-Control	 Self-Control	Self-Management	Students will learn the brain science behind self-control and how to manage disruptive thoughts and impulses. They will practice self-control techniques to improve emotional regulation and resilience.	- There's A Battle Going On In Your Mind... - But There Doesn't Have To Be - You're Greater Than You Realize - RECORD: What About Limits?	Level 2 - Classify, Organize, Estimate RI.9-10.8	Practice a "tech-free" day once a week to improve concentration and SELF-CONTROL in managing distractions.
7	Reflection Checkpoint	 Perspective-Taking	Self-Awareness	Students will review their learning and growth so far. They will re-record a previous response and reflect on their development. They will complete a mid-course self-assessment.	- RE-RECORD: Let's Do That Again! - Self-Assessment #2	Level 4 - Critique, Evaluate, Justify SL.9-10.6	Reflect on and write a personal letter about personal development over the course, highlighting changes in PERSPECTIVE and setting future goals.
8	Grit	 Grit	Responsible Decision-Making	Students will define grit and its key components of passion and perseverance. They will examine the role of grit in leadership and practice strategies to develop grit.	- Get Gritty With It - Hope Is What You Stand On - It's A Marathon, Not A Sprint - RECORD: Do Something Un-Fun	Level 2 - Summarize, Classify, Organize RI.9-10.8 W.9-10.3	Commit to a new extracurricular activity that requires GRIT and document the journey through a series of blog posts or videos.
9	Growth Mindset	 Growth Mindset	Responsible Decision-Making	Students will learn the concept of growth mindset and how it enables continuous development. They will reflect on their own mindset and implement techniques to cultivate a growth orientation.	- Greatness Needs No Words - Progress Is The Destination - Shape Your Mind - RECORD: The 10,000 Hours Rule	Level 3 - Use Concepts to Solve Non-Routine Problems RI.9-10.2 RI.9-10.8	Set a personal challenge that requires having a GROWTH MINDSET and stepping outside of comfort zones, such as participating in a public speaking event or competition.
10	Compassion	 Compassion	Relationship Skills	Students will differentiate empathy and compassion. They will practice perspective-taking to build empathy and learn strategies for acting with compassion.	- Empathy Isn't Enough - Take, Match, Give - The Platinum Rule - RECORD: What's The Cost Of Compassion?	Level 3 - Use Concepts to Solve Problems, Investigate SL.9-10.1	Volunteer at a local community organization and share experiences of COMPASSION through a presentation or video diary.



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11	Gratitude	 Gratitude	Relationship Skills	Students will understand gratitude as a leadership skill. They will learn gratitude practices and reflect on the impact of gratitude on themselves and others.	• Feel It • Show It • Live It • RECORD: Who Are You Saving It For?	Level 2 - Identify Patterns, Summarize SL.9-10.1 SL.9-10.4	Write a thank-you letter to someone who has made a significant impact in their life, explaining the reason for their GRATITUDE.
12	Leadership Potential Post-Assessment	 Purpose	Self-Awareness	Students will reflect on their growth across the 8 anchor competencies. They will complete a post-course self-assessment and analyze their progress. They will set future leadership development goals.	• Choose To Lead • RECORD: Where Are You Now On Your Leadership Journey? • Self-Assessment #3	Level 4 - Analyze, Critique, Investigate SL.9-10.4 SL.9-10.6	Develop a personal leadership plan that outlines future leadership goals and PURPOSEFUL actions to achieve them.
13	Capstone Project	 All	All	Students will apply their learning in a culminating leadership project. They will record and present on their leadership development journey referencing the IMPACTER framework.	• Getting Started: Make A Copy • Directions: Preparing To Present • RECORD: Capstone Project • Practice Presentation Day	Level 4 - Synthesize, Evaluate, Create SL.9-10.4 SL.9-10.5 SL.9-10.6	Create a digital portfolio or video presentation summarizing your IMPACTER journey and sharing it on a personal blog or social media.